

KEEP STANDING STRONG (KS2)

A GUIDE TO BE SELF MOTIVATED AT WORK AND IN RELATIONSHIPS



SHUBHA ARYA

Keep Standing Strong (KS2)

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**KEEP
STANDING STRONG
(KS2)**

An Inspirational Fiction

**A GUIDE TO BE SELF MOTIVATED AT WORK AND
IN RELATIONSHIPS**

*By
Shubha Arya*



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I am grateful to God for blessing me with wonderful family and friends.

I dedicate this book to my brother and my sister, who are my biggest moral support. I am thankful to my parents for making me what I am today.

The Love of my life: Kuldeep Singh, who always support me to stand strong. My daughter, Anadya Singh, who is the best gift of my life. This is a gift for you.

Last but not the least at all, my Alma Mater Poornima College of Engineering, Jaipur, which gave me so many experiences and lessons and made me what I am today.

Prologue

This book is not being written to compare the two genders or to show that one is superior and the other is not. It shows how a wrong training module is making our lives 'not good' and now it's the time to change that training module.

In a family, if a woman goes out to work and man stays at home to become a homemaker; it is not acceptable. The mindset of people is rigid and the rules to be followed cannot be changed in our society. This book is just a step to convey the message that a relationship is not about following the rules but about completing each other.

This is mainly dedicated to all those women who topped in their classes, studied a lot and today is homemaker.

Being a homemaker is the toughest job. If they were to be paid, it would have been the highest paid job. Working on so many things

simultaneously is tiring. So pay her by nice words, and appreciation, today onwards.

The best gift given to a human being by the God is the ability to dream. We have the power to convert those dreams into reality. A constant dream becomes passion and then ambition. Dreams, or let's say, ambitions can change with the time.

Ishi's childhood dream was to become a magistrate and thus she took admission to a reputed Law school. Ambitious Ishi met Advik, an engineering student, and felt the feeling of love for the first time. He started coming into her dreams and gradually became her ambition. Marrying Advik, fulfilled her dream.

After fall of some random incidences in her life and meeting some people, she realized that one of her dreams is yet to be fulfilled.

With the responsibility of family and work, will she be able to fulfill her dream? Or will she realize that a woman's biggest asset is just her family?

Does a woman have individuality?

Read this inspirational fiction to find out how everyone working in the kitchen as well as stucked in a 9-to-5 job just need to stand strong against the negativity and always keep standing strong.

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1. Words of Motivation

God created men first, some say, and others say the vice versa. There's no proof who was created first or thereafter; but this is for sure that He created both to complete each other, to compliment each other. Not that one is stronger than the other, but both are strong and weak in their own ways. The problems arise more because women are trained to think themselves as the 'Not so stronger' section, and men are trained as the stronger ones. So, if you cry, you become weak, and you are men, so 'Not to cry.' If you work and cant cook at home and you are a woman then you must give up the work inspite of whatever you think. This is because this is the tradition. This has always been. We are trained to think so and do so. And a long training of approximately 20 to 25 years; *two and a half decades!* How can be wasted? The training schedule covers the given module.

Task	Condition	Result
To cook Food	You are a woman	You should know it all.
„	You are a man	We will bring a BEAUTIFUL wife for you to do that
To earn money	You are a man	Its your job.
„	You are a woman	Your only work is to cook food and clean the house and do everything else in the world but to earn money.

		You study and score so good TO MARRY.
Kids.	You are a woman	As God decided you to be pregnant and breastfeed so everything else is your responsibility.
..	You are a man	Earn money for them. (You have given that sperm of yours. Your responsibility is over.)

And so on. The module depends and varies from family to family. The tasks may be increased as per the family's requirements but this is a basic module which is being taught in around every family.

That's why many of us are failing in the exam of life and thus are leading a 'NOT SO HAPPY' life. And then we say that there are so many struggles in our lives. If you notice it, most of the struggles in our lives are because we do not support each other; not because of the Divine Power but because of his creations, which we are a part of.

So, basically when we are trained from the childhood about earning money for the family, cooking food, raising the kids, etc. ; some important things left undiscussed which should be the prior part of the module, actually. What about Love? Whose task is that? Does it also change with the condition?

What about happiness? What about making the memories and spending the Quality time together? What about listening to each other?

Chapter-1



“Ishiiiiiii.... How long will it take for the dinner to be prepared?” Advik shouted from the living room. The IPL match was going on and he was really busy watching that crucial match. “Wait for 10 minutes.” Ishi replied. After 15 minutes, she arranged the dinner on the table. “Sorry baby, I really had a tough day at job.....” Ishi was saying when she was interrupted by Advik “Dal!! Again, Why can’t you make something fancy? Its better to eat outside”. She started serving the dinner. “OK, I will bring a double omlette for you in 2 minutes”. She brought the omlette and then they began to eat. “Actually, today I got late from the office due to some work, tomorrow I will make Kadhi pakora for you. By the way, How was your day at office?” Silence. There was no reply. Then she realized that

Advik was too absorbed in the match to hear anything else.

They finished the dinner. She took all the dishes to the kitchen and started washing them. After washing the dishes, she soaked some almonds in water, cleaned the kitchen and then went to the living room, where Advik was watching TV. She was watching at TV but other things were going on in her mind. ‘*What will I cook tomorrow for the breakfast? Is there enough of the milk in the house?*’ Then she brought some beans from the refrigerator and started chopping it as a preparation for the morning work! “Adi, I am going to sleep.” she said after finishing her work. “OK” he replied. She bid a kiss on his cheek and moved to the bedroom.

Thoughts started popping up in her mind, although she was very tired. Night is the best time when so many thoughts rush to our mind altogether. Thinking about her work, Advik, life, finally she drifted off to sleep.

The Love story

Ishi was a law student and Advik was an Engineering student, from the same batch. Their colleges were in the same campus. Their batch started in the month of July, 2007. It was the month of September, 2007 when she got a call on the landline number of her hostel. "Ishi! Advik here." She had met Advik just once, he was introduced to her by one of her friends. She tried to recall him, when he said " Prisha introduced me to you..... from Mechanical Engg...." "Okayyyy, yes yes yes..... yes?"

"I wanted to talk to you. Look Ishi, I like you a lot. Really. Please be my friend. It will mean a lot to me."

At first Ishi was stunned to hear so, " Look Advik, I am here to study and I have to work very hard to achieve my ambition, plus I don't like such things. So its better that you also concentrate on your studies and don't talk to me again" she slammed the phone down. It was 10 pm. Usually, people

staying in the hostel are wide awake till this time but it was her time to bed, as she was an early riser. On the eve of New Year 2008, the college arranged a grand party in the campus. All were dancing and enjoying. Ishi was also enjoying with her friends. At around 12 am, Advik came and joined their group. Everyone started exchanging New year wishes. Advik shook his hand with Ishi and told her that he wanted to talk to her. She shook her head in yes.

“You got me completely wrong that day. My friends dared me to say so.”

“ ok”

“ No negative feelings?”

“No” she smiled.

“ Friends?”

They shook hands and smiled.

Ishi was a friendly natured girl. Everyone was her friend but no one was very close to her. Prisha was her room mate in the hostel.

“Why are you not talking to Advik?” Prisha asked one fine day.

Ishi exclaimed "There's no such thing."

"He told me so."

"Look Prisha. I have no problem in talking to him but I have no topic to talk to him. If he talks, I will reply."

"Fine."

Advik approached Ishi and asked her for a movie. Ishi was too surprised to say anything.

"Don't worry. All of our friends are going ." he said with a smile.

She smiled and replied "OK Good."

Sunday afternoon a group of 8 people left the hostel for the movie theatre Prisha, Neha, Advik, Ishi, Aniket, Kritika, Rohit and Nikhil.

"Tickets are not available. What to do?" Aniket said. Everyone made a sad face. But to lighten up the atmosphere Prisha said "Lets go to the café and grab some coffee."

"Ok."

Everyone in the group knew about Advik's liking for Ishi.

“Let’s play truth and dare”. Kritika suggested while having hot coffee.

“Dares are good but I am allergic to speaking truths.” Said Aniket.

“So I dare you to say the truth for the next one hour.” Ishi said quickly.

“Now that’s what you call a quick witted lawyer.” appreciated Advik. No boy had even the guts to appreciate Ishi in front of Advik.

Ishi smiled.

The game started and when it was Ishi’s turn, Prisha asked the question “ Truth or Dare?”

“Truth”

“What sort of boy do you want in your life?”

“The truth is that there is no space for any boy in my life. I have my goal fixed and that is to become a Magistrate.”

Everyone got silent.

“Let’s go before it gets too late.” Said Advik, breaking the silence.

Everyone was leaving the hostel and going to their homes for summer vacations. Ishi had her plans

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Ishi and Advik are college sweethearts turned married couple. Ishi is an ambitious woman and aims to retain her individuality even after her marriage. Will this call for a disturbed relationship or will she be able to balance her work and relationship well enough?

A woman plays an important role in the development of a country. Restricting her talent in boundaries, causes a loss at a bigger level. Does a woman has all the responsibilities towards her family? And what about the nation? Highlighting the conditions of a woman of the modern world, this novel guides everyone to think beyond the conventional. More than a woman, she has always been a wife, a mother, a daughter, a daughter-in-law etc. Will she ever be able to 'Be Herself'? Or are we going to pass the same legacy to our future generations?

It's a must read for every man who supports her uniqueness, above everything else, and every woman who wants to Be the change.

About The Author

Shubha Arya is an Engineering post graduate. She is a personality development trainer and motivational speaker. After an extensive experience of 7 years in the field of teaching, she realized that the energy in youth is to be channelized properly and she started her own institute, ASK institute, to mentor the students. Apart from this, she has been involved with various social issues. Also, she shares various videos to motivate everyone.



You may reach author at:

✉ shubhaarya@educreation.in



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