

Recipe Digest



Zinath Hussain

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I would like to dedicate this book

To my Parents

*Mrs. Amina Hussain & Mr. S K Hussain
Thanks for your support and continuous Care*

To my Grand Mother

Late Rita D'Souza

The reason for what I am today. Thank You !!

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A. Beverages

1. *Guava Chilli*

INGREDIENTS

- ✓ Guava Juice - 3 glass
- ✓ Tabasco Sauce - 6 to 8 drops
- ✓ Lime Juice - 1 tsp
- ✓ Red Chilli Powder - a pinch
- ✓ Black Salt - 1/2 tsp
- ✓ 1 bowl of crushed Ice

PREPARATION

- Mix everything except the ice in a cocktail shaker.
- To serve, rim a glass with salt by rubbing a lime wedge around the outside and then dipping the glass in salt.
- Fill the glass with ice then add the mixture.
- Garnish with a slice of lime or chilli and serve.

My Tip: You can also add in rock salt and a pinch of Jal Jeera.

2. *Avil Milk Shake*

INGREDIENTS

- ✓ Rice flakes / Poha -1/2 cup
- ✓ Ripe Banana- 1 large / 2 small (use robust or kerala small banana)
- ✓ Sugar-3 tbsp
- ✓ Coconut milk (thick)- 1/4 cup
- ✓ Cold milk-1cup
- ✓ Ginger juice- 1/2 tsp (mash the ginger and take its juice)
- ✓ Lemon juice- 1/4 tsp
- ✓ Chopped nuts-few
- ✓ Peanuts-3tbsp
- ✓ Ice cream-to decorate (optional)

PREPARATION

- Wash rice flakes under cold running water for few seconds until soft but not get mashed. Drain the rice flakes in a strainer and keep it aside
- In a bowl, mash banana with sugar
- Add half of peanuts, chopped nuts, ginger juice, lemon juice, coconut milk and cold milk (the consistency should be like a thick shake, adjust the amount of milk according to that level).
- Serve with ice cream in medium sized glasses

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I embarked on this project to mainly document interesting and unusual home-style recipes. From Beverages, Main Course to desserts it contains recipes of all which will be helpful in planning a complete meal for any occasion.

I have had fun researching this book and hope you enjoy cooking from it. Bon Appetit!



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